

AQUATICS

January 1 - June 17, 2012

Registration Information

Member Registration: Ongoing

Non-Member Registration: Session:
Winter: Dec. 12, 2011 Jan. 9 - Mar. 11, 2012
Spring: Feb. 27, 2012 Mar. 26 - Jun. 3, 2012

Program Breaks:
Dec. 19 - Jan. 8, 2012, Mar. 12 - Mar. 25, 2012

Member Preferred Registration

YMCA members receive continuous registration September through June in aquatics programming as a benefit of their membership. Non-members may register for one session at a time during the registration period.

Waiting List Policy

Waiting list positions will only be available for members who sought to register in a YMCA Aquatic Program, but were unable to do so as the result of their desired program being unavailable for immediate registration. Only one waiting list spot is available for each member.

Attendance Policy

If your child misses three consecutive lessons without prior notice to the Aquatics Dept., your child's registration will be dropped from the course roster. Credits or make up dates for missed lessons are not offered.

Progress Reports

Your child will receive ongoing evaluation of their swim skills progress. Between September - June when your child completes a level they will automatically progress to the next. Final report cards will be distributed in June or earlier at parent/guardian request.

Pool Rentals

Contact the Aquatics Department to rent the leisure pool or up to 4 lanes of the lap pool for your private function.
Tel: 519-360-9622 ext. 108

Bathers	Cost
1-30	\$ 90.00/hour
31-60	\$105.00/hour
61-99	\$120.00/hour

Bather loads include all persons within the pool area. Individual lane rentals are also available.

Pool Policies

- Pool is supervised by qualified lifeguards who hold current certification.
- Lanes are open for swimmers age 14+. Serious youth swimmers under 14 may gain access with permission from the Aquatics Department.
- A shower must be taken prior to using the pool for any program.
- Absolutely no street shoes or strollers allowed on the pool deck.
- Children in Lifejackets are only allowed in the deep end of the pool when directly accompanied by an adult (14 yrs+) within arm's reach.
- Children who are not toilet trained must wear a 'Little Swimmer' under their swimsuit.
- The sauna is restricted to members 16+.

Photographs

Please ask at the Membership Services Desk for a YMCA Duty Manager to accompany you when taking pictures in our facility. There will be no pictures permitted at any time during busy open swims or swimming lessons. The safety and protection of our participants and their privacy is a priority at the YMCA.

Chatham Y Pool Sharks Swim Team (Age 6-17 yrs)

For more information please call 519-354-5529 or email jgillis22@cogeco.ca.



Admission Standards

- Children under 10 years of age who are non-swimmers must be accompanied by a parent/guardian at least 14 years of age and responsible for direct supervision in the pool. The ratio of non-swimmers to parent/guardian may be a maximum of 4:1. The ratio may be increased to 8:1 if lifejackets are worn by all non-swimmers.
- Children between the ages of 6-9 who are able to demonstrate comfort in the water and pass the facility swim test may be admitted to the swimming pool unaccompanied.
- Children under the age of 6 may not be admitted to the swimming pool unless they are accompanied by a parent/guardian who is responsible for their direct supervision with a maximum of two children for each parent/guardian.

Advanced Aquatics & Lifesaving

Red Cross Standard First Aid/CPR C

This course meets WSIB standards for first aid and is designed for those who require an in-depth understanding of first aid and CPR.

Course Dates: Saturday, March 31 and Sunday, April 1, 2012

Saturday, June 16 and Sunday, June 17, 2012

Class Time: 9:00am - 5:00pm

Members: \$85.00 / Non-members: \$110.00 (Manual Included)

Red Cross Recert Only*

Course Dates: Sunday, April 1 and Sunday, June 17, 2012

Class Time: 12:00 - 5:00pm

Members: \$50.00 / Non-Members: \$75.00

If your group or organization requires First Aid/CPR and would like to set up your own course, please contact the Aquatics Department. A minimum of 6 participants is needed to run a course. The Aquatics Department may be reached at 519-360-9622 ext 108

Bronze Medallion & Emergency First Aid/CPR "B" (Ages 13+)

The Lifesaving Society's Bronze Medallion Award teaches an understanding of the lifesaving principles embodied in the four components of water rescue education – judgement, knowledge, skill, and fitness. Rescuers learn tows, carries and defence and release methods in preparation for rescues of conscious and unconscious victims. Lifesavers also develop stroke efficiency and endurance in a timed swim.

Prerequisite: Minimum 13 years old or Bronze Star

Course Dates: Thursdays, January 12 - March 8, 2012

Class Time: 6:30 - 9:30pm

Members: \$110.00 / Non-members: \$135.00

Canadian Lifesaving Manual Fee: \$50.00 (Required)

Bronze Cross & Standard First Aid/CPR "C"

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification.

Prerequisites: Bronze Medallion & Emergency 1st Aid

Course Date: Thursdays, January 12 - March 8, 2012

Class Time: 6:30 - 9:30pm

Members: \$160.00 / Non-members: \$185.00

Canadian Lifesaving Manual Required

National Lifeguard Service (NLS) (Ages 16+)

National Lifeguard Service is a nationally recognized lifeguard certification program. National Lifeguard Service is a legal certificate for lifeguarding throughout the country, and the only lifeguard certificate recognized by the province of Ontario.

Pre-Requisites: Standard 1st Aid & CPR-C, Bronze Cross Certified, 16+ years

One hour of shadow guarding each week is recommended in addition to the course curriculum. 100% attendance is required.

Course Date: Thursdays, March 22 - May 24, 2012

Class Time: 5:00 - 9:30pm

Members: \$250.00 / Non-members: \$275.00

Alert manual Fee: \$50.00 (Required)

NLS Recert Only

Course Dates: Sunday, June 10, 2012

Class Time: 12:00 - 4:00pm

Members: \$90.00 / Non-Members: \$120.00

LSS/YMCA Swim Instructor Course

Swim Instructor Certification for YMCA and Lifesaving Society. Candidates will be certified to teach all levels of the YMCA Swim program, the Lifesaving Bronze awards and Emergency First Aid. 100% attendance is required.

Pre-Requisites: Bronze Cross Certified, 16+ years

Course Date: May 31 - June 3, 2012

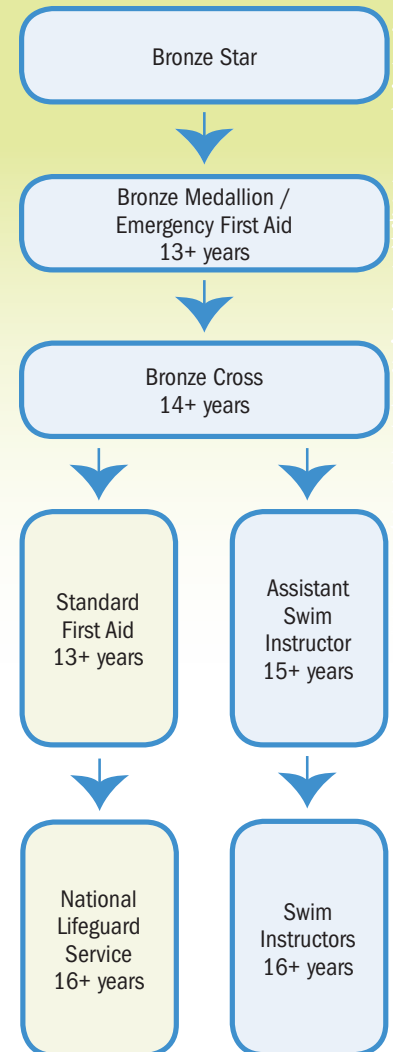
Thursday, Friday 5:00 - 10:00pm; Saturday, Sunday 9:00am - 5:00pm

Members: \$250.00

Non-Members: \$275.00

* Full First Aid course may be necessary depending on last certification date.

AQUATICS LEADERSHIP MODEL



Volunteering at the YMCA

Volunteers are essential to the YMCA. Volunteers, by their nature, help connect the YMCA to its identity, as an Association of people motivated to service their community. By offering their time, skills and expertise Volunteers help us provide the widest possible range of services to our membership and the community. Please see Membership Services for more information and to receive an application.

Lane Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	HOLIDAYS
1 lane open at all times - from 15 minutes after building opens to 15 minutes before building close							<p>Modified Schedule:</p> <p><i>Christmas Eve Dec. 24, 2011</i></p> <p><i>Christmas Day CLOSED</i></p> <p><i>Boxing Day Dec. 26, 2011</i></p> <p><i>New Year's Eve Dec. 31, 2011</i></p> <p><i>New Year's Day Jan. 1, 2012</i></p> <p><i>Family Day Feb. 20, 2012</i></p> <p><i>Good Friday Apr. 6, 2012</i></p> <p><i>Victoria Day May 21, 2012</i></p> <p>-----</p> <p>Lane Swim 9:15-10:00am</p> <p>Family Swim 10:00-11:00am</p> <p>Aquafit 11:00-12:00pm</p> <p>Lane Swim 12:00-1:00pm</p> <p>Open Swim 1:00-3:45pm</p>
Y Pool Sharks 5:15-8:00am	Y Pool Sharks 5:15-8:30am	Y Pool Sharks 5:15-8:30am	Y Pool Sharks 5:15-8:30am	Y Pool Sharks 5:15-8:30am			
Lane Swim 7:15-8:30am	Lane Swim 7:15-8:30am	Lane Swim 7:15-8:30am	Lane Swim 7:15-8:30am	Lane Swim 7:15-8:30am	Pool Sharks 7:15-10:45am		
Aquafit 8:30-9:30am	Gentle Aquafit 9:00-9:45am	Aquafit 8:30-9:30am	Gentle Aquafit 9:00-9:45am	Aquafit 8:30-9:30am	Gentle Aquafit 10:45-11:30am	Lane Swim 8:15-10:00am	
						Swim Lessons 10:00-1:00pm	
Aquafit 11:00-12:00pm	Aquafit 11:00-12:00pm	Aquafit 11:00-12:00pm	Aquafit 11:00-12:00pm	Aquafit 11:00-12:00pm	Swim Lessons 11:30-2:00pm	Open Swim 1:00-4:00pm	
Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Open Swim 2:00-5:00pm		
Rental 1:00-2:00pm	Rental 1:00-3:00pm	Rental 1:00-2:00pm	Rental 1:00-2:00pm	Rental 1:00-2:00pm			
Swim Lessons 3:30-5:30pm	Swim Lessons 3:45-7:00pm	Swim Lessons 3:30-5:30pm	Swim Lessons 4:00-6:30pm	Swim Lessons 4:30-6:00pm			
Y Pool Sharks 3:30-7:00pm	Y Pool Sharks 3:30-5:00pm	Y Pool Sharks 3:30-7:00pm	Y Pool Sharks 3:30-5:00pm	Y Pool Sharks 3:30-5:00pm		Rental 4:00-5:45pm	
Youth & Adult Lessons 7:00-7:30pm	Aquafit 7:00-8:00pm	Tethered Aquafit 7:00-8:00pm	Aquafit 7:00-8:00pm	Open Swim 6:00-8:00pm	Rental 5:00-7:45pm		
Rental 8:00-9:45pm	Rental 8:00-9:45pm	Rental 8:00-9:45pm	Rental 8:00-9:45pm	Rental 8:00-9:45pm			
Unscheduled program time may be available for members, please inquire with lifeguard on duty.							

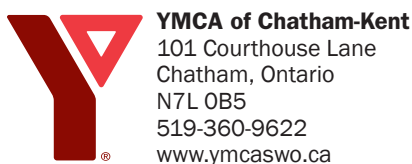
Leisure Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	HOLIDAYS
Open at 5:15am	Open at 5:15am	Open at 5:15am	Open at 5:15am	Open at 5:15am			<p>Family Swim 9:15-11:00am</p> <p>Open Swim 11:00-3:45pm</p>
Family Swim 9:30-10:30am					Open at 7:15am	Open at 8:15pm	
Parent & Tot Lessons 10:30-11:00am	Adult Lessons 10:30-11:00am		Parent & Tot Lessons 10:30-11:00am		Parent & Tot Lessons 10:45-11:15am	Swim Lessons 10:00-1:00pm	
			Family Swim 11:00 - 12:00pm		Swim Lessons 11:30-2:00pm	Open Swim 1:00-4:00pm	
Rental 2:00-3:00pm		Rental 2:00-3:00pm	Rental 2:00-3:00pm	Rental 2:00-3:00pm	Open Swim 2:00-5:00pm		
Swim Lessons 3:30-5:30pm	Swim Lessons 3:45-7:00pm	Swim Lessons 3:30-5:30pm	Swim Lessons 4:00-6:30pm	Swim Lessons 4:30-6:00pm			
Youth & Adult Lessons 7:00-7:30pm				Open Swim 6:00-8:00pm		Rental 4:00-5:45pm	
Open Swim 7:30-9:45pm	Open Swim 7:30-9:45pm	Open Swim 7:30-9:45pm	Open Swim 7:30-9:45pm	Rental 8:00-9:45pm	Rental 5:00-7:45pm		
Unscheduled program time may be available for members, please inquire with lifeguard on duty.							

Swimming Lessons

Member lessons run from September 12, 2011 – June 17, 2012
 Program Breaks: December 19, 2011 – January 8, 2012
 March 12, 2012 – March 25, 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Parent & Tot Lessons (Ages 3-36 Months) Members: Fee Included, No registration required / Non-Members: \$85.00							
Parent & Tot	10:30-11:00am			10:30-11:00am		10:45-11:15am	
L'il Dippers (Ages 3-5 Years) Members: Fee Included, Registration Required / Non-Members: \$85.00							
L'il Dipper A Bobbers, Floaters, Gliders	5:00-5:30pm	4:55-5:25pm	5:00-5:30pm	4:10-4:40pm 5:55-6:25pm	4:35-5:05pm	11:30-12:00pm 12:05-12:35pm	10:35-11:05am
L'il Dipper B Divers, Surfers, Dippers		3:45-4:15pm 4:55-5:25pm		4:10-4:40pm	4:35-5:05pm	11:30-12:00pm 12:05-12:35pm	10:35-11:05am
Learn To Swim (Ages 6-12 Years) Members: Fee Included, Registration Required / Non-Members: \$85.00							
Learn to Swim A Otters, Seals	4:25-4:55pm	4:20-4:50pm 5:30-6:00pm	4:25-4:55pm	4:45-5:15pm 5:55-6:25pm	5:10-5:40pm	11:30-12:00pm 12:40-1:10pm	10:00-10:30am 11:10-11:40am
Learn to Swim B Dolphins, Swimmers	4:25-4:55pm	4:20-4:50pm 5:30-6:00pm	4:25-4:55pm	4:45-5:15pm 5:55-6:25pm	5:10-5:40pm	11:30-12:00pm 12:40-1:10pm	10:00-10:30am 11:10-11:40am
Stars (Ages 6-12 Years) Members: Fee Included, Registration Required / Non-Members: \$95.00							
Star A Star 1, Star 2	3:35-4:20pm	4:45-5:30pm		5:05-5:50pm		12:05-12:50pm	10:35-11:20am
Star B Star 3, Star 4		5:45-6:30pm	3:35-4:20pm	4:15-5:00pm		12:55-1:40pm	11:25-12:05pm
Star C Star 5, Star 6, Masters		6:05-6:50pm			4:55-5:40pm	12:55-1:40pm	12:10-12:55pm
Drop-In Aquatic Programs							
Parent & Tot Drop-In Lessons (Ages 3-36 months) Join us for an instructor led class full of games and activities where your child will learn how to move around and become more comfortable in the water. Members: Fee included							
Monday and Thursday: 10:30am-11:00am; Saturday: 10:45-11:15am							
Youth (13+) and Adult Drop-In Lessons (Ages 18+) This is a Member only service - no registration required. An instructor will be available to help you achieve your swimming goals whether you are a beginner just starting out, or would like some stroke correction to better perfect your swimming strokes.							
Youth: Monday: 7:00-7:30pm; Saturday 1:15-1:45pm; Adult: Monday 7:00-7:30pm; Tuesday: 10:30-11:00am							
Private/Semi-Private Lessons							
Private/ Semi-Private Lessons Flexible days & times offered. Please call the Aquatics Department at 519-360-9622 x 108 to schedule your lesson. Available for all ages and skill levels. All lessons are 30 minutes in length. Maximum of 3 participants for semi-private lessons.							
Private Members: \$15.00/person/lesson Non-Members: \$20.00/person/lesson		Semi-Private Members: \$10.00/person/lesson Non-Members: \$15.00/person/lesson					



As a charitable organization, the YMCA strives to serve all segments of the community, including those with limited financial means. Donors to the YMCA make it possible. To make a personal contribution to the growth, strength and impact of the YMCA in your community today, please contact your local YMCA.

If your current financial circumstances are limiting your ability to participate, financial assistance may be provided. Please contact us for more information. All inquiries will be held in strict confidence.