



## Centre Branch YMCA | April 29th - May 5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lane Swim</b> <a href="#">Drop-in Program</a>	7:15AM-12:45PM (Lane Swim)  4:00PM-8:00PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)  3:45PM-5:15PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)  3:45PM-4:45PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)  4:00PM-8:00PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)	8:15AM-9:15AM (Lane Swim)  11:50AM-12:50PM (Lane Swim)	8:15AM-1:30PM (Lane Swim)
<b>Adult Swim</b> <a href="#">Drop-in Program</a>	7:15AM-9:45AM (Rec Swim)  11:00AM-12:45PM (Rec Swim)	7:15AM-9:45AM (Rec Swim)  11:00AM-12:45PM (Rec Swim)	7:15AM-9:45AM (Rec Swim)  11:00AM-12:45PM (Rec Swim)	10:00AM-10:45AM (Rec Swim)  12:15PM-12:45PM (Rec Swim)	7:15AM-9:45AM (Rec Swim)  11:00AM-11:45AM (Rec Swim)	8:15AM-9:15AM (Rec Swim)	8:15AM-10:45AM (Rec Swim)
<b>AquaFit</b> <a href="#">Drop-in Program</a>	10:00AM-10:45AM (Aquatic Fitness)		12:00PM-12:45PM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)		
<b>Open Swim</b> <a href="#">Drop-in Program</a>	4:00PM-8:00PM (Rec Swim)	3:45PM-5:15PM (Rec Swim)	3:45PM-4:45PM (Rec Swim)	4:00PM-8:00PM (Rec Swim)	11:45AM-12:45PM (Rec Swim)		11:00AM-1:30PM (Rec Swim)
<b>Bronze Medallion &amp; Emergency First Aid</b> <a href="#">Sign Up</a>		5:00PM-9:00PM (Bronze Medallion & Emergency First Aid)					
<b>Glider/Diver/Surfer/Jumper</b> <a href="#">Sign Up</a>			5:00PM-5:30PM (Swim Lessons (3-5))  6:10PM-6:40PM (Swim Lessons (3-5))			10:05AM-10:35AM (Swim Lessons (3-5))  10:40AM-11:10AM (Swim Lessons (3-5))  10:40AM-11:10AM (Swim Lessons (3-5))	
<b>Otter/Seal</b> <a href="#">Sign Up</a>			5:00PM-5:30PM (Swim Lessons (6-13))  5:35PM-6:05PM (Swim Lessons (6-13))  6:45PM-7:15PM (Swim Lessons (6-13))			9:30AM-10:00AM (Swim Lessons (6-13))  10:40AM-11:10AM (Swim Lessons (6-13))  12:25PM-12:55PM (Swim Lessons (6-13))  1:00PM-1:30PM (Swim Lessons (6-13))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Star 1/Star 2</b> <a href="#">Sign Up</a>			5:00PM-5:30PM (Swim Lessons (6-13))  6:45PM-7:15PM (Swim Lessons (6-13))			11:15AM-11:45AM (Swim Lessons (6-13))	
<b>LSS Swim Instructor</b> <a href="#">Sign Up</a>			5:00PM-9:00PM (LSS Swim Instructor)				
<b>Aquafit Deep</b> <a href="#">Drop-in Program</a>			5:30PM-6:15PM (Aquatic Fitness)				
<b>Bobber/Floater</b> <a href="#">Sign Up</a>			5:35PM-6:05PM (Swim Lessons (3-5))  6:10PM-6:40PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5))  10:05AM-10:35AM (Swim Lessons (3-5))  10:40AM-11:10AM (Swim Lessons (3-5))	
<b>Parent and Tot 1/2/3</b> <a href="#">Sign Up</a>			5:35PM-6:05PM (Parent and Tot Swim Lessons (0-3))			10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	
<b>Star 3/Star 4</b> <a href="#">Sign Up</a>			6:10PM-6:40PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))  11:15AM-11:45AM (Swim Lessons (6-13))	
<b>Dolphin/Swimmer</b> <a href="#">Sign Up</a>			6:10PM-6:40PM (Swim Lessons (6-13))  6:45PM-7:15PM (Swim Lessons (6-13))			9:30AM-10:00AM (Swim Lessons (6-13))  11:15AM-11:45AM (Swim Lessons (6-13))  1:00PM-1:30PM (Swim Lessons (6-13))	
<b>Star 4/Star 5/Star 6</b> <a href="#">Sign Up</a>			6:45PM-7:15PM (Swim Lessons (6-13))			12:25PM-12:55PM (Swim Lessons (6-13))	
<b>Adult 1/2/3</b> <a href="#">Sign Up</a>			7:20PM-7:50PM (Swim Lessons (18+))			9:30AM-10:00AM (Swim Lessons (18+))  1:00PM-1:30PM (Swim Lessons (18+))	
<b>Adult 3</b> <a href="#">Drop-in Program</a>			7:20PM-7:50PM (Swim Lessons (18+))				
<b>Star 1/Star 2/Star 3</b> <a href="#">Sign Up</a>						1:00PM-1:30PM (Swim Lessons (6-13))	

