

Centre Branch YMCA | April 28th - May 4th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	7:15AM-1:00PM (Lane Swim)	7:15AM-1:00PM (Lane Swim)	7:15AM-1:00PM (Lane Swim)	7:15AM-1:00PM (Lane Swim)	7:15AM-1:00PM (Lane Swim)	8:15AM-9:15AM (Lane Swim)	8:15AM-1:30PM (Lane Swim)
<u>Drop-in Program</u>	4:00PM-5:00PM (Lane Swim)	4:00PM-5:00PM (Lane Swim)	7:00PM-8:00PM (Lane Swim)	4:00PM-8:00PM (Lane Swim)		12:00PM-1:30PM (Lane Swim)	
Adult Swim	7:15AM-9:45AM (Rec Swim)	7:15AM-9:15AM (Rec Swim)	7:15AM-11:00AM (Rec Swim)	7:15AM-8:45AM (Rec Swim)	7:15AM-9:45AM (Rec Swim)		
<u>Drop-in Program</u>	11:00AM-11:45AM (Rec Swim)	10:30AM-11:45AM (Rec Swim)	(i.ec smill)	10:00AM-10:45AM (Rec Swim) 12:15PM-1:00PM (Rec Swim)	11:15AM-11:45AM (Rec Swim)		
Aquafit <u>Drop-in Program</u>	10:00AM-10:45AM (Aquatic Fitness)	9:30AM-10:15AM (Aquatic Fitness) 12:00PM-12:45PM	12:00PM-12:45PM (Aquatic Fitness) 7:00PM-7:45PM	9:00AM-9:45AM (Aquatic Fitness) 5:30PM-6:15PM	10:00AM-10:45AM (Aquatic Fitness)		10:00AM-10:45AM (Aquatic Fitness)
Open Swim Drop-in Program	4:00PM-5:00PM (Rec Swim)	(Aquatic Fitness) 4:00PM-5:00PM (Rec Swim)	(Aquatic Fitness) 7:00PM-8:00PM (Rec Swim)	(Aquatic Fitness) 4:00PM-5:30PM (Rec Swim)	11:15AM-1:00PM (Rec Swim)	12:00PM-1:30PM (Rec Swim)	8:15AM-9:45AM (Rec Swim)
Diop-iii Frogram				6:30PM-8:00PM (Rec Swim)			11:00AM-1:30PM (Rec Swim)
Glider/Diver/Surfer/Jumper	5:30PM-6:00PM (Swim Lessons (3-5))		5:40PM-6:10PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM	
Dalah au/Elashan	F-20DM C-00DM		5.40PM 6.10PM			(Swim Lessons (3-5))	
Bobber/Floater Sign Up	5:30PM-6:00PM (Swim Lessons (3-5))		5:40PM-6:10PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5)) 11:15AM-11:45AM	
						(Swim Lessons (3-5))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stroke Improvement (age 18+)	5:30PM-6:00PM (Swim Lessons (18+))		4:30PM-5:00PM (Swim Lessons (18+))			9:30AM-10:00AM (Swim Lessons (18+))	
Sign Up	6:05PM-6:35PM (Swim Lessons (18+))		5:05PM-5:35PM (Swim Lessons (18+))			10:05AM-10:35AM (Swim Lessons (18+))	
	6:40PM-7:10PM (Swim Lessons (18+))		5:40PM-6:10PM (Swim Lessons (18+))			10:40AM-11:10AM (Swim Lessons (18+))	
			6:15PM-6:45PM (Swim Lessons (18+))			11:15AM-11:45AM (Swim Lessons (18+))	
						11:15AM-11:45AM (Swim Lessons (18+))	
Parent and Tot 1/2/3 Sign Up	6:05PM-6:35PM (Parent and Tot Swim Lessons (0-3))					10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	
Otter/Seal	6:05PM-6:35PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))			9:30AM-10:00AM (Swim Lessons (6-13))	
Sign Up			6:15PM-6:45PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
			6:15PM-6:45PM (Swim Lessons (6-13))			11:15AM-11:45AM (Swim Lessons (6-13))	
Star 1/Star 2/Star 3	6:40PM-7:10PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
Sign Up							
Dolphin/Swimmer Sign Up	6:40PM-7:10PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))	
Water Walking			11:15AM-11:45AM				
<u>Drop-in Program</u>			(Aquatic Fitness)				
Private Swim Lesson Sign Up			4:30PM-5:00PM (Swim Lesson Private Half Session)			9:30AM-10:00AM (Swim Lesson Private Half Session)	
eigh sp			5:05PM-5:35PM (Swim Lesson Private Half Session)			10:05AM-10:35AM (Swim Lesson Private Half Session)	
			5:40PM-6:10PM (Swim Lesson Private Half Session)			10:40AM-11:10AM (Swim Lesson Private Half Session)	
			6:15PM-6:45PM (Swim Lesson Private Half Session)			11:15AM-11:45AM (Swim Lesson Private Half Session)	
Star 4/Star 5/Star 6			5:05PM-5:35PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
Sign Up			(2MIII FC330113 (0-T3))			(2MIII FC330113 (0-13))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LSS Swim Instructor Registration Closed						9:00AM-2:30PM (LSS Swim Instructor)	
Bronze Cross & Standard First Aid							9:00AM-5:30PM (Bronze Cross & Standard
Registration Closed							First Aid)