



Chatham-Kent YMCA | May 4th - May 10th

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|--|--|--|--|---|---|
| Lane Swim Drop-in Program | 6:45AM-10:00AM (Lane Swim) 10:30AM-1:00PM (Lane Swim) 4:00PM-8:00PM (Lane Swim) | 6:45AM-10:00AM (Lane Swim) 10:30AM-1:00PM (Lane Swim) 4:00PM-6:45PM (Lane Swim) | 6:45AM-10:00AM (Lane Swim) 10:30AM-1:00PM (Lane Swim) 4:00PM-8:00PM (Lane Swim) | 6:45AM-10:00AM (Lane Swim) 10:30AM-1:00PM (Lane Swim) 4:00PM-8:00PM (Lane Swim) | 6:45AM-10:00AM (Lane Swim) 10:30AM-1:00PM (Lane Swim) | 8:15AM-12:30PM (Lane Swim) 10:15AM-1:00PM (Lane Swim) 12:30PM-3:00PM (Lane Swim) | 10:15AM-1:00PM (Lane Swim) 1:00PM-3:00PM (Lane Swim) |
| Adult Swim Drop-in Program | 7:15AM-8:45AM (Rec Swim) | 7:15AM-8:45AM (Rec Swim) | 7:15AM-8:45AM (Rec Swim) | 7:15AM-8:45AM (Rec Swim) | 7:15AM-8:45AM (Rec Swim) | 8:30AM-9:45AM (Rec Swim) | |
| Aquafit Drop-in Program | 9:00AM-9:45AM (Aquatic Fitness) 11:00AM-11:45AM (Aquatic Fitness) | 11:00AM-11:45AM (Aquatic Fitness) 6:45PM-7:30PM (Aquatic Fitness) | 9:00AM-9:45AM (Aquatic Fitness) 11:00AM-11:45AM (Aquatic Fitness) | 11:00AM-11:45AM (Aquatic Fitness) 6:45PM-7:30PM (Aquatic Fitness) | 9:00AM-9:45AM (Aquatic Fitness) 11:00AM-11:45AM (Aquatic Fitness) | 9:00AM-9:45AM (Aquatic Fitness) | |
| Open Swim Drop-in Program | 10:30AM-12:30PM (Rec Swim) 4:30PM-7:30PM (Rec Swim) | 10:30AM-11:30AM (Rec Swim) | 10:30AM-12:30PM (Rec Swim) | 10:30AM-11:30AM (Rec Swim) | 10:30AM-12:30PM (Rec Swim) 4:30PM-6:45PM (Rec Swim) | 1:00PM-3:00PM (Rec Swim) 1:00PM-3:00PM (Rec Swim) | 10:30AM-12:00PM (Rec Swim) 1:00PM-3:00PM (Rec Swim) 1:00PM-3:00PM (Rec Swim) |
| Gentle Joints Drop-in Program | | 9:00AM-9:45AM (Aquatic Fitness) | | 9:00AM-9:45AM (Aquatic Fitness) | | | |
| Bronze Cross & Standard First Aid Sign Up | | | | | | 9:00AM-5:00PM (Bronze Cross & Standard First Aid) | |