



## Petrolia YMCA | July 22nd - July 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lane Swim</b> <a href="#">Drop-in Program</a>	6:30AM-7:45AM (Lane Swim)	6:30AM-7:45AM (Lane Swim)	6:30AM-7:45AM (Lane Swim)	6:30AM-7:45AM (Lane Swim)	6:30AM-7:45AM (Lane Swim)	7:30AM-9:30AM (Lane Swim)	7:30AM-8:30AM (Lane Swim)
<b>Open Swim</b> <a href="#">Drop-in Program</a>	6:30AM-7:45AM (Rec Swim)  10:30AM-1:00PM (Rec Swim)  10:30AM-1:00PM (Rec Swim)  3:30PM-8:00PM (Rec Swim)  3:30PM-8:00PM (Rec Swim)	6:30AM-7:45AM (Rec Swim)  5:00PM-8:00PM (Rec Swim)  5:00PM-8:00PM (Rec Swim)	6:30AM-7:45AM (Rec Swim)	6:30AM-7:45AM (Rec Swim)	6:30AM-7:45AM (Rec Swim)  5:00PM-8:00PM (Rec Swim)  5:00PM-8:00PM (Rec Swim)	7:30AM-9:30AM (Rec Swim)  10:00AM-12:30PM (Rec Swim)  10:00AM-12:30PM (Rec Swim)  1:00PM-3:30PM (Rec Swim)	7:30AM-8:30AM (Rec Swim)  10:00AM-12:30PM (Rec Swim)  10:00AM-12:30PM (Rec Swim)  1:00PM-3:30PM (Rec Swim)
<b>Aquafit</b> <a href="#">Drop-in Program</a>	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)  2:15PM-3:00PM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)		9:00AM-9:45AM (Aquatic Fitness)
<b>Water Walking</b> <a href="#">Drop-in Program</a>	9:15AM-10:00AM (Aquatic Fitness)						
<b>Bobber/Floater</b> <a href="#">Sign Up</a>				4:15PM-4:45PM (Swim Lessons (3-5))  4:15PM-4:45PM (Swim Lessons (3-5))  4:50PM-5:20PM (Swim Lessons (3-5))			
<b>Surfer/Jumper</b> <a href="#">Sign Up</a>				4:50PM-5:20PM (Swim Lessons (3-5))			
<b>Otter/Seal</b> <a href="#">Sign Up</a>				5:25PM-5:55PM (Swim Lessons (6-13))			
<b>Glider/Diver</b> <a href="#">Sign Up</a>				5:25PM-5:55PM (Swim Lessons (3-5))			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dolphin/Swimmer</b> <a href="#">Sign Up</a>				6:15PM-6:45PM (Swim Lessons (6-13))  6:50PM-7:20PM (Swim Lessons (6-13))			
<b>Parent and Tot 1/2/3</b> <a href="#">Sign Up</a>				6:15PM-6:45PM (Parent and Tot Swim Lessons (0-3))			
<b>Star 1/Star 2</b> <a href="#">Sign Up</a>				6:50PM-7:20PM (Swim Lessons (6-13))			
<b>Star 3/Star 4</b> <a href="#">Sign Up</a>				7:25PM-7:55PM (Swim Lessons (6-13))			
<b>Star 5/Star 6</b> <a href="#">Sign Up</a>				7:25PM-7:55PM (Swim Lessons (6-13))			