



Petrolia YMCA | December 1st - December 7th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Drop-in Program	6:30AM-7:30AM (Lane Swim) 11:30AM-2:00PM (Lane Swim)	6:30AM-7:30AM (Lane Swim) 11:30AM-2:00PM (Lane Swim)	6:30AM-7:30AM (Lane Swim) 11:30AM-2:00PM (Lane Swim)	6:30AM-7:30AM (Lane Swim) 11:30AM-2:00PM (Lane Swim)	6:30AM-7:30AM (Lane Swim) 11:30AM-2:00PM (Lane Swim)	7:30AM-8:30AM (Lane Swim)	7:30AM-8:30AM (Lane Swim)
Aquafit Drop-in Program	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness) 10:15AM-11:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)		
Water Walking Drop-in Program	9:15AM-10:00AM (Aquatic Fitness)				9:15AM-10:00AM (Aquatic Fitness)		
Open Swim Drop-in Program	10:00AM-11:00AM (Rec Swim) 10:00AM-11:00AM (Rec Swim) 11:30AM-2:00PM (Rec Swim)	11:30AM-2:00PM (Rec Swim)	11:30AM-2:00PM (Rec Swim)	11:30AM-2:00PM (Rec Swim)	10:00AM-11:00AM (Rec Swim) 10:00AM-11:00AM (Rec Swim) 11:30AM-2:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)
AquaDance Drop-in Program	6:15PM-7:00PM (Aquatic Fitness)		2:15PM-3:00PM (Aquatic Fitness)	10:15AM-11:00AM (Aquatic Fitness)			9:15AM-10:00AM (Aquatic Fitness)
AquaTherapy Drop-in Program			10:15AM-11:00AM (Aquatic Fitness)				