

## Petrolia YMCA | April 28th - May 4th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	6:30AM-7:30AM (Lane Swim)	6:30AM-7:30AM (Lane Swim)	6:30AM-7:30AM (Lane Swim)	6:30AM-7:30AM (Lane Swim)	6:30AM-7:30AM (Lane Swim)	7:30AM-8:30AM (Lane Swim)	7:30AM-8:30AM (Lane Swim)
<u>Drop-in Program</u>	11:00AM-2:00PM (Lane Swim)	11:00AM-2:00PM (Lane Swim)	11:00AM-2:00PM (Lane Swim)	11:00AM-2:00PM (Lane Swim)	11:00AM-2:00PM (Lane Swim)		
<b>Aquafit</b> <u>Drop-in Program</u>	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness) 10:15AM-11:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)		
Water Walking Drop-in Program	9:15AM-10:00AM (Aquatic Fitness)				9:15AM-10:00AM (Aquatic Fitness)		
Open Swim  Drop-in Program	10:00AM-11:00AM (Rec Swim)  10:00AM-11:00AM (Rec Swim)  11:00AM-2:00PM (Rec Swim)  5:00PM-6:00PM (Rec Swim)  5:00PM-6:00PM (Rec Swim)	10:00AM-11:00AM (Rec Swim) 11:00AM-2:00PM (Rec Swim)	10:00AM-11:00AM (Rec Swim) 11:00AM-2:00PM (Rec Swim)	10:00AM-11:00AM (Rec Swim) 11:00AM-2:00PM (Rec Swim)	10:00AM-11:00AM (Rec Swim) 10:00AM-11:00AM (Rec Swim) 11:00AM-2:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)
Aquadance Drop-in Program	6:30PM-7:15PM (Aquatic Fitness)		2:15PM-3:00PM (Aquatic Fitness)	10:15AM-11:00AM (Aquatic Fitness)			9:00AM-9:45AM (Aquatic Fitness)
YMCA Swim Instructor	7:00PM-3:30PM (YMCA Swim Instructor)					7:00PM-3:30PM (YMCA Swim Instructor)	7:00PM-3:30PM (YMCA Swim Instructor)
AquaTherapy  Drop-in Program			10:15AM-11:00AM (Aquatic Fitness)				
Bronze Medallion & Emergency First Aid						9:30AM-3:30PM (Bronze Medallion & Emergency First Aid)	9:30AM-3:30PM (Bronze Medallion & Emergency First Aid)
Sign Up							,