



Petrolia YMCA | August 4th - August 10th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Drop-in Program	6:30AM-8:00AM (Lane Swim)	6:30AM-8:00AM (Lane Swim)	6:30AM-8:00AM (Lane Swim)	6:30AM-8:00AM (Lane Swim)	6:30AM-8:00AM (Lane Swim)	7:30AM-9:30AM (Lane Swim)	7:30AM-9:30AM (Lane Swim)
AquaFit Drop-in Program	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)	8:15AM-9:00AM (Aquatic Fitness)			
Water Walking Drop-in Program	9:15AM-10:00AM (Aquatic Fitness)						
Open Swim Drop-in Program	10:30AM-1:00PM (Rec Swim) 10:30AM-1:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim)	5:00PM-8:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim)			5:00PM-8:00PM (Rec Swim) 5:00PM-8:00PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)	1:00PM-3:30PM (Rec Swim) 1:00PM-3:30PM (Rec Swim)
AquaTherapy Drop-in Program	2:15PM-3:00PM (Aquatic Fitness)						
AquaDance Drop-in Program			2:15PM-3:00PM (Aquatic Fitness)		8:15AM-9:00AM (Aquatic Fitness)		
Family Swim Drop-in Program						7:30AM-9:30AM (Rec Swim)	7:30AM-9:30AM (Rec Swim)