



Sarnia-Lambton YMCA Jerry McCaw Family Centre | February 26th - March 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Drop-in Program	6:00AM-8:45PM (Lane Swim)	6:00AM-8:45PM (Lane Swim)	6:00AM-8:45PM (Lane Swim)	6:00AM-8:45PM (Lane Swim)	6:00AM-8:45PM (Lane Swim)	7:00AM-3:45PM (Lane Swim)	7:00AM-3:00PM (Lane Swim)
Parent and Tot Rec Swim Drop-in Program	9:00AM-10:30AM (Rec Swim)	9:00AM-10:30AM (Rec Swim)	9:00AM-10:30AM (Rec Swim)	9:00AM-10:30AM (Rec Swim)	9:00AM-10:30AM (Rec Swim)		10:30AM-12:00PM (Rec Swim)
Adult Swim Drop-in Program	10:30AM-12:00PM (Rec Swim) 3:00PM-4:00PM (Rec Swim)	10:30AM-12:00PM (Rec Swim) 3:00PM-4:00PM (Rec Swim)	10:30AM-12:00PM (Rec Swim) 3:00PM-4:00PM (Rec Swim)	10:30AM-12:00PM (Rec Swim) 3:00PM-4:00PM (Rec Swim)	10:30AM-12:00PM (Rec Swim) 3:00PM-4:00PM (Rec Swim)	8:00AM-9:00AM (Rec Swim)	8:00AM-9:00AM (Rec Swim)
Open Swim Drop-in Program	5:30PM-7:00PM (Rec Swim) 5:30PM-7:00PM (Rec Swim)	6:30PM-8:00PM (Rec Swim)	6:30PM-8:00PM (Rec Swim) 6:30PM-8:00PM (Rec Swim)	6:30PM-8:00PM (Rec Swim)	5:30PM-7:00PM (Rec Swim) 5:30PM-7:00PM (Rec Swim)	12:00PM-2:00PM (Rec Swim) 12:00PM-2:00PM (Rec Swim)	12:00PM-2:00PM (Rec Swim) 12:00PM-2:00PM (Rec Swim)
Adult 1 Sign Up		9:00AM-9:30AM (Swim Lessons (18+))		9:30AM-10:00AM (Swim Lessons (18+)) 6:20PM-6:50PM (Swim Lessons (18+))			
Adult 2 Sign Up		9:30AM-10:00AM (Swim Lessons (18+))		9:00AM-9:30AM (Swim Lessons (18+))			
Bobbers/Floaters Sign Up		4:00PM-4:30PM (Swim Lessons (3-5)) 4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:10PM-5:40PM (Swim Lessons (3-5)) 5:45PM-6:15PM (Swim Lessons (3-5))	4:00PM-4:30PM (Swim Lessons (3-5)) 4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:10PM-5:40PM (Swim Lessons (3-5))	4:00PM-4:30PM (Swim Lessons (3-5)) 4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:10PM-5:40PM (Swim Lessons (3-5)) 5:45PM-6:15PM (Swim Lessons (3-5))		9:00AM-9:30AM (Swim Lessons (3-5)) 9:00AM-9:30AM (Swim Lessons (3-5)) 9:35AM-10:05AM (Swim Lessons (3-5)) 9:35AM-10:05AM (Swim Lessons (3-5)) 10:45AM-11:15AM (Swim Lessons (3-5))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gliders/Divers/Surfers/Jumpers Sign Up		4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:45PM-6:15PM (Swim Lessons (3-5))	4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:10PM-5:40PM (Swim Lessons (3-5)) 5:45PM-6:15PM (Swim Lessons (3-5))	4:00PM-4:30PM (Swim Lessons (3-5)) 4:35PM-5:05PM (Swim Lessons (3-5)) 5:45PM-6:15PM (Swim Lessons (3-5))		9:00AM-9:30AM (Swim Lessons (3-5)) 10:10AM-10:40AM (Swim Lessons (3-5)) 10:45AM-11:15AM (Swim Lessons (3-5))	
Otter/Seal Sign Up		4:00PM-4:30PM (Swim Lessons (6-13)) 4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 5:45PM-6:15PM (Swim Lessons (6-13))	4:00PM-4:30PM (Swim Lessons (6-13)) 4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 5:45PM-6:15PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))	4:00PM-4:30PM (Swim Lessons (6-13)) 4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 5:45PM-6:15PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))		9:00AM-9:30AM (Swim Lessons (6-13)) 9:35AM-10:05AM (Swim Lessons (6-13)) 10:45AM-11:15AM (Swim Lessons (6-13)) 11:20AM-11:50AM (Swim Lessons (6-13))	
Dolphin/Swimmer Sign Up		4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))	4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 5:45PM-6:15PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))	4:35PM-5:05PM (Swim Lessons (6-13)) 5:10PM-5:40PM (Swim Lessons (6-13)) 5:45PM-6:15PM (Swim Lessons (6-13))		9:35AM-10:05AM (Swim Lessons (6-13)) 10:10AM-10:40AM (Swim Lessons (6-13)) 10:45AM-11:15AM (Swim Lessons (6-13))	
Parent and Tot Lesson Sign Up		5:10PM-5:40PM (Parent and Tot Swim Lessons (0-3))				10:10AM-10:40AM (Parent and Tot Swim Lessons (0-3))	
Star 1/Star 2 Sign Up		5:45PM-6:15PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))	5:45PM-6:15PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))	5:10PM-5:40PM (Swim Lessons (6-13)) 6:20PM-6:50PM (Swim Lessons (6-13))		10:10AM-10:40AM (Swim Lessons (6-13)) 11:20AM-11:50AM (Swim Lessons (6-13))	
Star 3/Star 4 Sign Up		6:20PM-6:50PM (Swim Lessons (6-13))	6:20PM-6:50PM (Swim Lessons (6-13))	6:20PM-6:50PM (Swim Lessons (6-13))		11:20AM-11:50AM (Swim Lessons (6-13))	
Aquafit Drop-in Program		7:00PM-7:45PM (Aquatic Fitness)		7:00PM-7:45PM (Aquatic Fitness)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Star 5/Star 6 Sign Up						11:20AM-11:50AM (Swim Lessons (6-13))	