

## StarTech.com Community Centre, YMCA, & Library | April 29th - May 5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	8:00AM-9:15AM (Lane Swim)	3:00PM-4:30PM (Lane Swim)
<u>Drop-in Program</u>	11:00AM-4:15PM (Lane Swim)	11:00AM-12:45PM (Lane Swim)	10:00AM-4:15PM (Lane Swim)	10:00AM-4:15PM (Lane Swim)	11:00AM-4:15PM (Lane Swim)	12:00PM-1:45PM (Lane Swim)	
	7:15PM-9:30PM (Lane Swim)	2:15PM-4:15PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)		
		7:15PM-9:30PM (Lane Swim)					
Aquafit	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)		8:30AM-9:15AM (Aquatic Fitness)
<u> Drop-in Program</u>	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)		
	10:00AM-10:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)					
Parent and Tot 1/2/3 Sign Up	10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	5:05PM-5:35PM (Parent and Tot Swim Lessons (0-3))		10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))
	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))		5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))		4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	11:30AM-12:00PM (Parent and Tot Swim Lessons (0-3))	10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))
	5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))				5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	3:25PM-3:55PM (Parent and Tot Swim Lessons (0-3))	10:40AM-11:10AM (Parent and Tot Swim Lessons (0-3))
						4:00PM-4:30PM (Parent and Tot Swim Lessons (0-3))	11:30AM-12:00PM (Parent and Tot Swim Lessons (0-3))
Preschool 1	10:05AM-10:35AM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	11:15AM-11:45AM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))
Sign Up	6:15PM-6:45PM (Swim Lessons (3-5))	6:30PM-7:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	2:00PM-2:30PM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))
			6:15PM-6:45PM (Swim Lessons (3-5))		6:15PM-6:45PM (Swim Lessons (3-5))	2:00PM-2:30PM (Swim Lessons (3-5))	11:15AM-11:45AM (Swim Lessons (3-5))

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult 1/2/3	10:40AM-11:10AM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))	10:40AM-11:10AM (Swim Lessons (18+))	10:05AM-10:35AM (Swim Lessons (18+))	10:05AM-10:35AM (Swim Lessons (18+))
<u>Sign Up</u>	6:45PM-7:15PM (Swim Lessons (18+))	5:40PM-6:10PM (Swim Lessons (18+))	5:40PM-6:10PM (Swim Lessons (18+))	5:40PM-6:10PM (Swim Lessons (18+))			
	6:45PM-7:15PM (Swim Lessons (18+))						
Open Swim	11:00AM-12:00PM (Rec Swim)	11:00AM-1:00PM (Rec Swim)		10:00AM-12:00PM (Rec Swim)	11:00AM-1:00PM (Rec Swim)	12:00PM-1:45PM (Rec Swim)	12:15PM-2:45PM (Rec Swim)
<u> Drop-in Program</u>	7:30PM-8:30PM (Rec Swim)	7:30PM-8:30PM (Rec Swim)		7:30PM-8:30PM (Rec Swim)	3:30PM-4:15PM (Rec Swim)		
					7:15PM-8:00PM (Rec Swim)		
Swimmer 8/9	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))			9:30AM-10:15AM (Swim Lessons (6-13))	9:30AM-10:15AM (Swim Lessons (6-13))
<u>ign Up</u>	5:05PM-5:50PM (Swim Lessons (6-13))						
Swimmer 1	4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))
Sign Up	5:40PM-6:10PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))	5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	11:30AM-12:00PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))
	5:55PM-6:25PM (Swim Lessons (6-13))				5:40PM-6:10PM (Swim Lessons (6-13))	2:00PM-2:30PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))
	6:30PM-7:00PM (Swim Lessons (6-13))					2:00PM-2:30PM (Swim Lessons (6-13))	
						3:25PM-3:55PM (Swim Lessons (6-13))	
Preschool 3	4:30PM-5:00PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))		5:05PM-5:35PM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))	2:35PM-3:05PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))
<u>Sign Up</u>	6:15PM-6:45PM (Swim Lessons (3-5))				6:15PM-6:45PM (Swim Lessons (3-5))	4:00PM-4:30PM (Swim Lessons (3-5))	
Preschool 2	4:30PM-5:00PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	10:55AM-11:25AM (Swim Lessons (3-5))	
<u>iign Up</u>	5:05PM-5:35PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))			11:15AM-11:45AM (Swim Lessons (3-5))	
	5:55PM-6:25PM (Swim Lessons (3-5))					4:00PM-4:30PM (Swim Lessons (3-5))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 5/6 Sign Up	4:30PM-5:15PM (Swim Lessons (6-13))		6:15PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))		10:40AM-11:25AM (Swim Lessons (6-13))	10:40AM-11:25AM (Swim Lessons (6-13))
	5:05PM-5:50PM (Swim Lessons (6-13))					2:00PM-2:45PM (Swim Lessons (6-13))	
	5:55PM-6:40PM (Swim Lessons (6-13))					3:40PM-4:30PM (Swim Lessons (6-13))	
wimmer 2	5:05PM-5:35PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))
<u>ign Up</u>	6:30PM-7:00PM (Swim Lessons (6-13))		5:20PM-5:50PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))
					6:30PM-7:00PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))
						2:35PM-3:05PM (Swim Lessons (6-13))	
						2:35PM-3:05PM (Swim Lessons (6-13))	
						3:10PM-3:40PM (Swim Lessons (6-13))	
						3:45PM-4:15PM (Swim Lessons (6-13))	
reschool 4/5	5:05PM-5:35PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))		10:40AM-11:10AM (Swim Lessons (3-5))	11:15AM-11:45AM (Swim Lessons (3-5))
<u>Sign Up</u>			5:05PM-5:35PM (Swim Lessons (3-5))	5:55PM-6:25PM (Swim Lessons (3-5))		3:10PM-3:40PM (Swim Lessons (3-5))	
wimmer 4	5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))		10:05AM-10:35AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))
<u>Sign Up</u>			6:30PM-7:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))	10:15AM-10:45AM (Swim Lessons (6-13))	10:20AM-10:50AM (Swim Lessons (6-13))
					5:20PM-5:50PM (Swim Lessons (6-13))	2:35PM-3:05PM (Swim Lessons (6-13))	
wimmer 3	5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	10:05AM-10:35AM (Swim Lessons (6-13))	10:05AM-10:35AM (Swim Lessons (6-13))
gn Up	6:15PM-6:45PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	6:30PM-7:00PM (Swim Lessons (6-13))	5:55PM-6:25PM (Swim Lessons (6-13))	10:55AM-11:25AM (Swim Lessons (6-13))	10:55AM-11:25AM (Swim Lessons (6-13))
						2:15PM-2:45PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))
						3:45PM-4:15PM (Swim Lessons (6-13))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 7/8	5:55PM-6:40PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))			4:30PM-5:15PM (Swim Lessons (6-13))	10:05AM-10:50AM (Swim Lessons (6-13))	
Sign Up					6:15PM-7:00PM (Swim Lessons (6-13))	3:10PM-3:55PM (Swim Lessons (6-13))	
Aquafit Deep	6:00PM-6:45PM (Aquatic Fitness)				9:00AM-9:45AM (Aquatic Fitness)		
<u>Drop-in Program</u>	(Aquatic Fittiess)				(, iquatic i itiless)		
swimmer 3		5:05PM-5:35PM (Swim Lessons (6-13))					
Sign Up							
preschool 3		5:40PM-6:10PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))				
Sign Up							
Teen 1/2/3			4:30PM-5:00PM (Swim Lessons (13-17))		4:30PM-5:00PM (Swim Lessons (13-17))	9:30AM-10:00AM (Swim Lessons (13-17))	
Sign Up							
swimmer 7/8 Sign Up			6:15PM-7:00PM (Swim Lessons (6-13))				
				3:35PM-5:20PM			9:30AM-10:15AM
Y Torpedoes (age 6-9) Sign Up				(Y Torpedoes)			(Y Torpedoes)
Y Torpedoes (age 10-12)				5:25PM-6:10PM (Y Torpedoes)			10:20AM-11:05AM (Y Torpedoes)
Sign Up				(1 Torpedoes)			(1 Torpedoes)
Y Torpedoes (age 13-16)				6:15PM-7:00PM (Y Torpedoes)			11:10AM-11:55AM (Y Torpedoes)
Sign Up				(1 Torpeaces)			(1 Torpeades)
Junior Lifeguard Club (age 10-12)					5:05PM-6:10PM (Junior Lifeguard Club)		
Sign Up							
Junior Lifeguard Club (age 13-16)					6:15PM-7:15PM (Junior Lifeguard Club)		
Sign Up							
swimmer 1						10:40AM-11:10AM (Swim Lessons (6-13))	
Sign Up							
preschool 2						2:50PM-3:20PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))
Sign Up							10:05AM-10:35AM (Swim Lessons (3-5))

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
preschool 4/5							10:40AM-11:10AM (Swim Lessons (3-5))
Sign Up							(SWIIII LESSUIS (3-3))