



StarTech.com Community Centre, YMCA, & Library | October 6th - October 12th

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|--|---|---|---|---|---|
| Lane Swim Drop-in Program | 6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim) | 6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim) | 6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim) | 6:00AM-7:45AM (Lane Swim) 10:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim) | 6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim) | 8:15AM-9:15AM (Lane Swim) 2:15PM-4:30PM (Lane Swim) | 2:15PM-4:30PM (Lane Swim) |
| Aquafit Drop-in Program | 8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness) | 8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness) | 8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness) | 8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) | 8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness) | | 8:30AM-9:15AM (Aquatic Fitness) |
| Family Swim Drop-in Program | 11:00AM-12:00PM (Rec Swim) | 11:00AM-12:00PM (Rec Swim) | 11:00AM-12:00PM (Rec Swim) | 11:00AM-12:00PM (Rec Swim) | 11:00AM-12:00PM (Rec Swim) | 2:00PM-4:30PM (Rec Swim) | 2:00PM-4:30PM (Rec Swim) |
| Swimmer 5/6 Sign Up | 4:30PM-5:15PM (Swim Lessons (6-13)) 6:15PM-7:00PM (Swim Lessons (6-13)) | | 5:05PM-5:50PM (Swim Lessons (6-13)) | 4:30PM-5:15PM (Swim Lessons (6-13)) 5:40PM-6:25PM (Swim Lessons (6-13)) | 5:05PM-5:50PM (Swim Lessons (6-13)) | 10:05AM-10:50AM (Swim Lessons (6-13)) | 9:30AM-10:15AM (Swim Lessons (6-13)) |
| Parent and Tot 1/2/3 Sign Up | 4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3)) 5:05PM-5:35PM (Parent and Tot Swim Lessons (0-3)) 5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3)) | | 5:05PM-5:35PM (Parent and Tot Swim Lessons (0-3)) | 9:45AM-10:15AM (Parent and Tot Swim Lessons (0-3)) 4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3)) | 5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3)) | 9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3)) 10:55AM-11:25AM (Parent and Tot Swim Lessons (0-3)) | 9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3)) 10:20AM-10:50AM (Parent and Tot Swim Lessons (0-3)) |
| Preschool 3 Sign Up | 4:30PM-5:00PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5)) | 5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5)) | 4:30PM-5:00PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5)) | | 4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5)) | 9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5)) | |

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|--|--|--|--|---|---|
| Swimmer 1 Sign Up | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | | 5:05PM-5:35PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) | 9:30AM-10:00AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13)) | 9:30AM-10:00AM (Swim Lessons (6-13)) 9:30AM-10:00AM (Swim Lessons (6-13)) 10:05AM-10:35AM (Swim Lessons (6-13)) 10:40AM-11:10AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13)) |
| Preschool 2 Sign Up | 4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:55PM-6:25PM (Swim Lessons (3-5)) 6:30PM-7:00PM (Swim Lessons (3-5)) | | 5:05PM-5:35PM (Swim Lessons (3-5)) 6:30PM-7:00PM (Swim Lessons (3-5)) | 5:05PM-5:35PM (Swim Lessons (3-5)) | 5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) | 11:30AM-12:00PM (Swim Lessons (3-5)) | 9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5)) 10:40AM-11:10AM (Swim Lessons (3-5)) 11:30AM-12:00PM (Swim Lessons (3-5)) |
| Swimmer 3 Sign Up | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 10:55AM-11:25AM (Swim Lessons (6-13)) | 9:30AM-10:00AM (Swim Lessons (6-13)) 10:05AM-10:35AM (Swim Lessons (6-13)) 10:40AM-11:10AM (Swim Lessons (6-13)) 10:55AM-11:25AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13)) |
| Adult 1 Sign Up | 4:30PM-5:15PM (Swim Lessons (18+)) 5:40PM-6:25PM (Swim Lessons (18+)) | 4:30PM-5:15PM (Swim Lessons (18+)) | | | 6:15PM-7:00PM (Swim Lessons (18+)) | | 11:15AM-12:00PM (Swim Lessons (18+)) |
| Adult 2/3 Sign Up | 4:30PM-5:15PM (Swim Lessons (18+)) | | | | 6:15PM-7:00PM (Swim Lessons (18+)) | | 9:30AM-10:15AM (Swim Lessons (18+)) |

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|--|--|--|--|--|---|
| Preschool 4/5 Sign Up | 5:05PM-5:35PM (Swim Lessons (3-5)) 5:20PM-5:50PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) | 6:30PM-7:00PM (Swim Lessons (3-5)) | 4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:55PM-6:25PM (Swim Lessons (3-5)) | 6:15PM-6:45PM (Swim Lessons (3-5)) | 4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) | 11:15AM-11:45AM (Swim Lessons (3-5)) | 9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5)) 10:40AM-11:10AM (Swim Lessons (3-5)) 11:15AM-11:45AM (Swim Lessons (3-5)) |
| Swimmer 7/8 Sign Up | 5:05PM-5:50PM (Swim Lessons (6-13)) | | 5:05PM-5:50PM (Swim Lessons (6-13)) | | 6:15PM-7:00PM (Swim Lessons (6-13)) | | 10:40AM-11:25AM (Swim Lessons (6-13)) |
| Swimmer 4 Sign Up | 5:05PM-5:35PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 5:20PM-5:50PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) | 5:05PM-5:35PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 10:20AM-10:50AM (Swim Lessons (6-13)) | 10:05AM-10:35AM (Swim Lessons (6-13)) 10:20AM-10:50AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13)) |
| Swimmer 2 Sign Up | 5:40PM-6:10PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 5:55PM-6:25PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13)) | 5:20PM-5:50PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 4:30PM-5:00PM (Swim Lessons (6-13)) 4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) | 10:40AM-11:10AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13)) | 10:55AM-11:25AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13)) |
| Open Swim Drop-in Program | 7:15PM-8:30PM (Rec Swim) | 7:15PM-8:30PM (Rec Swim) | 7:15PM-8:30PM (Rec Swim) | 7:15PM-8:30PM (Rec Swim) | 7:15PM-8:30PM (Rec Swim) | 12:15PM-2:00PM (Rec Swim) | 12:15PM-2:00PM (Rec Swim) |
| Preschool 1 Sign Up | | 5:05PM-5:35PM (Swim Lessons (3-5)) | 4:30PM-5:00PM (Swim Lessons (3-5)) 4:30PM-5:00PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) | 9:10AM-9:40AM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) | 5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5)) | 10:05AM-10:35AM (Swim Lessons (3-5)) | 10:05AM-10:35AM (Swim Lessons (3-5)) 10:40AM-11:10AM (Swim Lessons (3-5)) 11:15AM-11:45AM (Swim Lessons (3-5)) |
| Teen 1/2/3 Sign Up | | | 6:15PM-7:00PM (Swim Lessons (13-17)) | | 4:30PM-5:15PM (Swim Lessons (13-17)) | 10:40AM-11:25AM (Swim Lessons (13-17)) | |

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--------|---------|--|--|--|---|--------|
| Swimmer 8/9 Sign Up | | | 6:15PM-7:00PM (Swim Lessons (6-13)) | | 5:40PM-6:25PM (Swim Lessons (6-13)) | 9:30AM-10:15AM (Swim Lessons (6-13)) | |
| Parent & Tot 1/2/3 Drop-in Program | | | | 10:20AM-10:50AM (Parent and Tot Swim Lessons (0-3)) | | | |