



StarTech.com Community Centre, YMCA, & Library | April 28th - May 4th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Drop-in Program	6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim)	6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim)	6:00AM-7:45AM (Lane Swim) 10:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim)	6:00AM-7:45AM (Lane Swim) 10:00AM-4:15PM (Lane Swim) 7:15PM-9:30PM (Lane Swim)	6:00AM-7:45AM (Lane Swim) 11:00AM-4:15PM (Lane Swim) 7:15PM-8:00PM (Lane Swim)	8:00AM-9:15AM (Lane Swim) 2:45PM-4:30PM (Lane Swim)	2:15PM-4:30PM (Lane Swim)
Aquafit Drop-in Program	8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness) 9:00AM-9:45AM (Aquatic Fitness) 10:00AM-10:45AM (Aquatic Fitness)		8:30AM-9:15AM (Aquatic Fitness)
Family Swim Drop-in Program	11:00AM-1:00PM (Rec Swim)	11:00AM-1:00PM (Rec Swim)	10:00AM-12:00PM (Rec Swim)	10:00AM-12:00PM (Rec Swim)		2:30PM-4:30PM (Rec Swim)	2:00PM-4:30PM (Rec Swim)
Adult 1/2/3 Sign Up	4:30PM-5:15PM (Swim Lessons (18+)) 4:30PM-5:15PM (Swim Lessons (18+)) 5:05PM-5:50PM (Swim Lessons (18+)) 5:55PM-6:40PM (Swim Lessons (18+))	4:30PM-5:15PM (Swim Lessons (18+))	5:05PM-5:50PM (Swim Lessons (18+)) 5:55PM-6:40PM (Swim Lessons (18+)) 6:15PM-7:00PM (Swim Lessons (18+))		10:45AM-11:30AM (Swim Lessons (18+)) 6:15PM-7:00PM (Swim Lessons (18+))		11:15AM-12:00PM (Swim Lessons (18+))
Parent and Tot 1/2/3 Sign Up	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3)) 5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))		5:05PM-5:35PM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3)) 10:40AM-11:10AM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))
Preschool 3 Sign Up	4:30PM-5:00PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))		4:30PM-5:00PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))		9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5))

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 1 Sign Up	4:30PM-5:00PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) 6:45PM-7:15PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13)) 9:30AM-10:00AM (Swim Lessons (6-13)) 10:40AM-11:10AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13))
Preschool 2 Sign Up	4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:55PM-6:25PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5)) 10:55AM-11:25AM (Swim Lessons (3-5)) 11:15AM-11:45AM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5)) 10:40AM-11:10AM (Swim Lessons (3-5)) 11:30AM-12:00PM (Swim Lessons (3-5))
Swimmer 3 Sign Up	4:30PM-5:00PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13))	10:05AM-10:35AM (Swim Lessons (6-13)) 10:55AM-11:25AM (Swim Lessons (6-13))	10:05AM-10:35AM (Swim Lessons (6-13)) 10:55AM-11:25AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13))
Swimmer 7/8 Sign Up	4:30PM-5:15PM (Swim Lessons (6-13))	5:05PM-5:50PM (Swim Lessons (6-13))			6:15PM-7:00PM (Swim Lessons (6-13))		10:40AM-11:25AM (Swim Lessons (6-13))
Swimmer 2 Sign Up	5:05PM-5:35PM (Swim Lessons (6-13)) 5:55PM-6:25PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13)) 6:45PM-7:15PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13)) 11:30AM-12:00PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13)) 10:40AM-11:10AM (Swim Lessons (6-13)) 11:15AM-11:45AM (Swim Lessons (6-13))

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool 4/5 Sign Up	5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5))	6:30PM-7:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5))		4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5)) 11:15AM-11:45AM (Swim Lessons (3-5))
Swimmer 5/6 Sign Up	5:05PM-5:50PM (Swim Lessons (6-13)) 6:15PM-7:00PM (Swim Lessons (6-13))	5:55PM-6:40PM (Swim Lessons (6-13))			5:05PM-5:50PM (Swim Lessons (6-13))	10:05AM-10:50AM (Swim Lessons (6-13))	11:15AM-12:00PM (Swim Lessons (6-13))
Swimmer 4 Sign Up	5:05PM-5:35PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:30PM-7:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13)) 5:05PM-5:35PM (Swim Lessons (6-13)) 5:20PM-5:50PM (Swim Lessons (6-13)) 5:40PM-6:10PM (Swim Lessons (6-13)) 6:15PM-6:45PM (Swim Lessons (6-13))	10:20AM-10:50AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13)) 9:30AM-10:00AM (Swim Lessons (6-13)) 10:20AM-10:50AM (Swim Lessons (6-13))
swimmer 8/9 Sign Up	5:55PM-6:40PM (Swim Lessons (6-13))						
Preschool 1 Sign Up	6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5)) 4:30PM-5:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 5:40PM-6:10PM (Swim Lessons (3-5)) 6:15PM-6:45PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5)) 10:05AM-10:35AM (Swim Lessons (3-5)) 10:40AM-11:10AM (Swim Lessons (3-5)) 11:15AM-11:45AM (Swim Lessons (3-5))
Open Swim Drop-in Program	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:00PM (Rec Swim)	1:15PM-2:30PM (Rec Swim)	12:15PM-2:00PM (Rec Swim)
Swimmer 8/9 Sign Up			4:30PM-5:15PM (Swim Lessons (6-13))			9:30AM-10:15AM (Swim Lessons (6-13))	9:30AM-10:15AM (Swim Lessons (6-13))

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Teen 1/2/3 Sign Up			6:15PM-7:00PM (Swim Lessons (13-17))		4:30PM-5:15PM (Swim Lessons (13-17)) 6:15PM-7:00PM (Swim Lessons (13-17))	10:40AM-11:25AM (Swim Lessons (13-17))	
Y Torpedoes (age 6-9) Sign Up				4:30PM-5:15PM (Y Torpedoes) 4:30PM-5:15PM (Y Torpedoes)			9:30AM-10:20AM (Y Torpedoes)
Junior Lifeguard Club (age 10-12) Sign Up				4:30PM-5:30PM (Junior Lifeguard Club)			
Y Torpedoes (age 10-12) Sign Up				5:20PM-6:05PM (Y Torpedoes) 5:20PM-6:05PM (Y Torpedoes)			10:25AM-11:10AM (Y Torpedoes)
Junior Lifeguard Club (age 13-16) Sign Up				5:35PM-6:35PM (Junior Lifeguard Club)			
Y Torpedoes (age 13-16) Sign Up				6:10PM-6:55PM (Y Torpedoes) 6:10PM-6:55PM (Y Torpedoes)			11:15AM-12:00PM (Y Torpedoes)
preschool 4/5 Sign Up				6:15PM-6:45PM (Swim Lessons (3-5))			
Underwater Hockey (13+) Drop-in Program					8:00PM-9:30PM (Rec Swim)		