

StarTech.com Community Centre, YMCA, & Library | August 4th - August 10th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Drop-in Program	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	8:15AM-9:12AM (Lane Swim)	9:30AM-12:00PM (Lane Swim)
	11:00AM-12:45PM (Lane Swim)	11:00AM-12:45PM (Lane Swim)	11:00AM-12:45PM (Lane Swim)	11:00AM-12:45PM (Lane Swim)	11:00AM-12:45PM (Lane Swim)	2:15PM-3:00PM (Lane Swim)	2:15PM-3:00PM (Lane Swim)
	3:15PM-4:15PM (Lane Swim)	3:15PM-4:15PM (Lane Swim)	3:15PM-4:15PM (Lane Swim)	3:15PM-4:15PM (Lane Swim)	3:15PM-9:30PM (Lane Swim)		
	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)			
Aquafit Drop-in Program	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)		8:30AM-9:15AM (Aquatic Fitness)
	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)		
	10:00AM-10:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)					
Family Swim Drop-in Program	11:00AM-12:45PM (Rec Swim)	11:00AM-12:45PM (Rec Swim)	11:00AM-12:45PM (Rec Swim)	11:00AM-12:45PM (Rec Swim)	11:00AM-12:45PM (Rec Swim)		11:00AM-12:15PM (Rec Swim)
Swimmer 8/9	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))			11:15AM-12:00PM (Swim Lessons (6-13))	
Preschool 2 Sign Up	4:30PM-5:00PM (Swim Lessons (3-5))	6:30PM-7:00PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5)) 5:05PM-5:35PM (Swim Lessons (3-5)) 6:30PM-7:00PM (Swim Lessons (3-5))				
Swimmer 5/6 Sign Up	4:30PM-5:15PM (Swim Lessons (6-13)) 6:15PM-7:00PM		6:15PM-7:00PM (Swim Lessons (6-13))			10:40AM-11:25AM (Swim Lessons (6-13))	
Adult 1/2/3 Sign Up	(Swim Lessons (6-13)) 4:30PM-5:15PM (Swim Lessons (18+)) 6:15PM-7:00PM (Swim Lessons (18+))	5:05PM-5:50PM (Swim Lessons (18+))	5:40PM-6:25PM (Swim Lessons (18+))				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
wimmer 3	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))	
<u>sign Up</u>	5:20PM-5:50PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))				
	6:15PM-6:45PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))				
Preschool 4/5	4:30PM-5:00PM (Swim Lessons (3-5))	6:30PM-7:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))				
<u>iign Up</u>	5:05PM-5:35PM (Swim Lessons (3-5))						
	5:40PM-6:10PM (Swim Lessons (3-5))						
Swimmer 2	5:05PM-5:35PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			9:30AM-10:00AM (Swim Lessons (6-13))	
<u>Sign Up</u>	5:20PM-5:50PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))	
	6:30PM-7:00PM (Swim Lessons (6-13))		5:20PM-5:50PM (Swim Lessons (6-13))				
Swimmer 4	5:05PM-5:35PM (Swim Lessons (6-13))	5:55PM-6:25PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	6:30PM-7:00PM (Swim Lessons (6-13))		10:40AM-11:10AM (Swim Lessons (6-13))	
<u>Sign Up</u>	5:20PM-5:50PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))				
	5:40PM-6:10PM (Swim Lessons (6-13))		6:30PM-7:00PM (Swim Lessons (6-13))				
Swimmer 1	5:40PM-6:10PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))	
<u>Sign Up</u>	6:30PM-7:00PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
			6:15PM-6:45PM (Swim Lessons (6-13))				
Parent and Tot 1/2/3	5:55PM-6:25PM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim		9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))	
<u>Sign Up</u>	LESSUIS (U-3))	Lessons (0-3))	5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	Lessons (0-3))		11:30AM-12:00PM (Parent and Tot Swim Lessons (0-3))	
Preschool 1	5:55PM-6:25PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))		10:05AM-10:35AM (Swim Lessons (3-5))	
<u>Sign Up</u>			6:15PM-6:45PM (Swim Lessons (3-5))				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool 3	6:15PM-6:45PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5))	
<u>Sign Up</u>			5:05PM-5:35PM (Swim Lessons (3-5))				
			6:15PM-6:45PM (Swim Lessons (3-5))				
Open Swim Drop-in Program	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	5:15PM-8:30PM (Rec Swim)	12:15PM-2:00PM (Rec Swim)	12:15PM-2:00PM (Rec Swim)
Swimmer 7/8		6:15PM-7:00PM	6:15PM-6:45PM	5:40PM-6:25PM			
<u>Sign Up</u>		(Swim Lessons (6-13))	(Swim Lessons (6-13))	(Swim Lessons (6-13))			
unior Lifeguard Club age 10-12)				4:30PM-5:30PM (Junior Lifeguard Club)			
<u>Sign Up</u>							
7 Torpedoes (age 6-9)				4:30PM-5:30PM (Y Torpedoes)			
Sign Up				4:30PM-5:30PM (Y Torpedoes)			
(Torpedoes (age 10-12)				5:35PM-6:35PM (Y Torpedoes)			
<u>Sign Up</u>				5:35PM-6:35PM (Y Torpedoes)			
Swim-Able				6:15PM-6:45PM			
Registration Closed				(Swim-Able)			
Aquafit Deep					10:00AM-10:45AM (Aquatic Fitness)		
Drop-in Program							
Teen 1/2/3						11:15AM-12:00PM (Swim Lessons (13-17))	
<u>Sign Up</u>							