



## Stoney Creek Community Centre, YMCA & Library | February 26th - March 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lane Swim</b> <a href="#">Drop-in Program</a>	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  8:30PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	8:15AM-9:00AM (Lane Swim)  2:15PM-4:30PM (Lane Swim)	8:15AM-11:15AM (Lane Swim)  2:30PM-4:30PM (Lane Swim)
<b>Aquafit Shallow</b> <a href="#">Drop-in Program</a>	9:15AM-10:00AM (Aquatic Fitness)		9:15AM-10:00AM (Aquatic Fitness)				
<b>Water Walking</b> <a href="#">Drop-in Program</a>	10:00AM-10:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)		10:00AM-10:45AM (Aquatic Fitness)			
<b>Open Swim (4 feet)</b> <a href="#">Drop-in Program</a>	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)		
<b>Aquafit</b> <a href="#">Drop-in Program</a>	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	
<b>Parent and Tot Lesson</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))  4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))  5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))  5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	11:30AM-12:00PM (Parent and Tot Swim Lessons (0-3))	11:45AM-12:15PM (Parent and Tot Swim Lessons (0-3))
<b>Preschool 2</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (3-5))  5:55PM-6:25PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:05PM-5:35PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  6:30PM-7:00PM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))  11:15AM-11:45AM (Swim Lessons (3-5))	12:20PM-12:50PM (Swim Lessons (3-5))  1:10PM-1:40PM (Swim Lessons (3-5))

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Swimmer 3</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))	6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))  10:55AM-11:25AM (Swim Lessons (6-13))	11:45AM-12:15PM (Swim Lessons (6-13))  12:55PM-1:25PM (Swim Lessons (6-13))
<b>Swimmer 4</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (6-13))  5:55PM-6:25PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:55PM-6:25PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))  10:20AM-10:50AM (Swim Lessons (6-13))	11:45AM-12:15PM (Swim Lessons (6-13))  12:55PM-1:25PM (Swim Lessons (6-13))
<b>Swimmer 5/6</b> <a href="#">Sign Up</a>	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))  5:05PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))	5:40PM-6:25PM (Swim Lessons (6-13))  6:15PM-7:00PM (Swim Lessons (6-13))	10:40AM-11:25AM (Swim Lessons (6-13))	11:45AM-12:30PM (Swim Lessons (6-13))
<b>Swimmer 7/8/9</b> <a href="#">Sign Up</a>	4:30PM-5:15PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	9:30AM-10:15AM (Swim Lessons (6-13))	1:30PM-2:15PM (Swim Lessons (6-13))
<b>Adult 1/2/3</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (18+))  5:40PM-6:10PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))  5:40PM-6:10PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))  5:40PM-6:10PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))	10:05AM-10:35AM (Swim Lessons (18+))	
<b>Swimmer 1</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  4:45PM-5:15PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  5:55PM-6:25PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))  10:05AM-10:35AM (Swim Lessons (6-13))  10:20AM-10:50AM (Swim Lessons (6-13))  10:40AM-11:10AM (Swim Lessons (6-13))  10:55AM-11:25AM (Swim Lessons (6-13))  11:15AM-11:45AM (Swim Lessons (6-13))  11:30AM-12:00PM (Swim Lessons (6-13))	12:20PM-12:50PM (Swim Lessons (6-13))  1:30PM-2:00PM (Swim Lessons (6-13))  1:45PM-2:15PM (Swim Lessons (6-13))

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Swimmer 2</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))  5:55PM-6:25PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))	9:45AM-10:15AM (Swim Lessons (6-13))  10:05AM-10:35AM (Swim Lessons (6-13))  10:40AM-11:10AM (Swim Lessons (6-13))  11:15AM-11:45AM (Swim Lessons (6-13))	11:45AM-12:15PM (Swim Lessons (6-13))  12:35PM-1:05PM (Swim Lessons (6-13))
<b>Preschool 1</b> <a href="#">Sign Up</a>	5:20PM-5:50PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  4:45PM-5:15PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:05PM-5:35PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))  9:45AM-10:15AM (Swim Lessons (3-5))  10:05AM-10:35AM (Swim Lessons (3-5))  10:20AM-10:50AM (Swim Lessons (3-5))  10:40AM-11:10AM (Swim Lessons (3-5))  10:55AM-11:25AM (Swim Lessons (3-5))  11:15AM-11:45AM (Swim Lessons (3-5))	11:45AM-12:15PM (Swim Lessons (3-5))  12:20PM-12:50PM (Swim Lessons (3-5))
<b>Preschool 3</b> <a href="#">Sign Up</a>	5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))	12:55PM-1:25PM (Swim Lessons (3-5))
<b>Preschool 4/5</b> <a href="#">Sign Up</a>	6:15PM-6:45PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:55PM-6:25PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  5:20PM-5:50PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))  11:15AM-11:45AM (Swim Lessons (3-5))	1:30PM-2:00PM (Swim Lessons (3-5))
<b>Open Swim</b> <a href="#">Drop-in Program</a>	7:15PM-8:15PM (Rec Swim)	7:15PM-8:15PM (Rec Swim)	7:15PM-8:15PM (Rec Swim)		7:15PM-8:15PM (Rec Swim)	2:15PM-4:30PM (Rec Swim)	9:30AM-11:15AM (Rec Swim)  2:30PM-4:30PM (Rec Swim)
<b>Open Swim (2 feet)</b> <a href="#">Drop-in Program</a>	7:15PM-8:15PM (Rec Swim)	7:15PM-8:15PM (Rec Swim)	7:15PM-8:15PM (Rec Swim)		7:15PM-8:15PM (Rec Swim)	2:15PM-4:30PM (Rec Swim)	9:30AM-11:15AM (Rec Swim)  2:30PM-4:30PM (Rec Swim)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Stroke Improvement (age 13-17)</b> <a href="#">Sign Up</a>		5:05PM-5:50PM (Swim Lessons (13-17))			6:15PM-7:00PM (Swim Lessons (13-17))		
<b>Junior Lifeguard Club (age 10-12)</b> <a href="#">Sign Up</a>		6:00PM-7:00PM (Junior Lifeguard Club)					12:20PM-1:20PM (Junior Lifeguard Club)
<b>Junior Lifeguard Club (age 13-16)</b> <a href="#">Sign Up</a>		6:00PM-7:00PM (Junior Lifeguard Club)					12:20PM-1:20PM (Junior Lifeguard Club)
<b>Y Torpedoes (age 10-12)</b> <a href="#">Sign Up</a>				7:15PM-8:15PM (Y Torpedoes)		1:00PM-2:00PM (Y Torpedoes)	
<b>Y Torpedoes (age 13-16)</b> <a href="#">Sign Up</a>				7:15PM-8:15PM (Y Torpedoes)		1:00PM-2:00PM (Y Torpedoes)	
<b>Y Torpedoes (age 6-9)</b> <a href="#">Sign Up</a>				7:15PM-8:15PM (Y Torpedoes)		1:00PM-2:00PM (Y Torpedoes)	
<b>Teen 1/2/3</b> <a href="#">Sign Up</a>					4:30PM-5:00PM (Swim Lessons (13-17))	11:30AM-12:00PM (Swim Lessons (13-17))	
<b>Stroke Improvement (age 18+)</b> <a href="#">Sign Up</a>					6:15PM-7:00PM (Swim Lessons (18+))		
<b>Parent and Tot 1/2/3</b> <a href="#">Sign Up</a>						10:40AM-11:10AM (Parent and Tot Swim Lessons (0-3))	