



## Stoney Creek Community Centre, YMCA & Library | July 22nd - July 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lane Swim</b> <a href="#">Drop-in Program</a>	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  7:15PM-9:30PM (Lane Swim)	6:15AM-11:45AM (Lane Swim)  1:00PM-3:00PM (Lane Swim)	8:15AM-9:00AM (Lane Swim)  1:00PM-2:00PM (Lane Swim)  1:00PM-2:00PM (Lane Swim)	8:15AM-12:45PM (Lane Swim)  1:00PM-2:00PM (Lane Swim)
<b>Aquafit Shallow</b> <a href="#">Drop-in Program</a>	9:15AM-10:00AM (Aquatic Fitness)		9:15AM-10:00AM (Aquatic Fitness)				
<b>Water Walking</b> <a href="#">Drop-in Program</a>	10:00AM-10:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)		10:00AM-10:45AM (Aquatic Fitness)			
<b>Open Swim</b> <a href="#">Drop-in Program</a>	11:00AM-11:45AM (Rec Swim)  7:15PM-8:30PM (Rec Swim)  7:15PM-8:30PM (Rec Swim)	11:00AM-11:45AM (Rec Swim)  7:15PM-8:30PM (Rec Swim)  7:15PM-8:30PM (Rec Swim)	11:00AM-11:45AM (Rec Swim)  7:15PM-8:30PM (Rec Swim)  7:15PM-8:30PM (Rec Swim)	11:00AM-11:45AM (Rec Swim)  7:15PM-8:30PM (Rec Swim)  7:15PM-8:30PM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	8:15AM-11:45AM (Rec Swim)  9:00AM-11:45AM (Rec Swim)  1:00PM-2:00PM (Rec Swim)  1:00PM-2:00PM (Rec Swim)	8:15AM-12:45PM (Rec Swim)  8:15AM-12:45PM (Rec Swim)  1:00PM-2:00PM (Rec Swim)  1:00PM-2:00PM (Rec Swim)
<b>Aquafit</b> <a href="#">Drop-in Program</a>	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	
<b>Swimmer 4</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  5:55PM-6:25PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Parent and Tot 1/2/3</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))  4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))  5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))		11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))		
<b>Preschool 2</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (3-5))  5:55PM-6:25PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))					
<b>Swimmer 3</b> <a href="#">Sign Up</a>	4:30PM-5:00PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))			
<b>Swimmer 6/7</b> <a href="#">Sign Up</a>	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))  6:15PM-7:00PM (Swim Lessons (6-13))					
<b>Swimmer 8/9</b> <a href="#">Sign Up</a>	4:30PM-5:15PM (Swim Lessons (6-13))	5:40PM-6:25PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))			
<b>Preschool 1</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (3-5))  5:20PM-5:50PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:40PM-6:10PM (Swim Lessons (3-5))  5:55PM-6:25PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  5:20PM-5:50PM (Swim Lessons (3-5))				
<b>Swimmer 1</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))  5:05PM-5:35PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adult 1/2/3</b> <a href="#">Sign Up</a>	5:05PM-5:35PM (Swim Lessons (18+))  5:40PM-6:10PM (Swim Lessons (18+))		5:05PM-5:35PM (Swim Lessons (18+))  6:10PM-6:40PM (Swim Lessons (18+))	5:55PM-6:25PM (Swim Lessons (18+))			
<b>Swimmer 5</b> <a href="#">Sign Up</a>	5:40PM-6:25PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))			
<b>Swimmer 2</b> <a href="#">Sign Up</a>	5:40PM-6:10PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))  6:30PM-7:00PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))  6:15PM-6:45PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))  5:20PM-5:50PM (Swim Lessons (6-13))  5:40PM-6:10PM (Swim Lessons (6-13))			
<b>Preschool 3</b> <a href="#">Sign Up</a>	5:40PM-6:10PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))				
<b>Preschool 4/5</b> <a href="#">Sign Up</a>	6:30PM-7:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))  6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))  5:55PM-6:25PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))			
<b>swimmer 2</b> <a href="#">Sign Up</a>		4:30PM-5:00PM (Swim Lessons (6-13))					
<b>preschool 1</b> <a href="#">Sign Up</a>		5:05PM-5:35PM (Swim Lessons (3-5))					
<b>Junior Lifeguard Club (age 10-12)</b> <a href="#">Sign Up</a>		5:20PM-6:05PM (Junior Lifeguard Club)	4:30PM-5:15PM (Junior Lifeguard Club)				
<b>swimmer 1</b> <a href="#">Sign Up</a>		5:40PM-6:10PM (Swim Lessons (6-13))					
<b>Junior Lifeguard Club (age 13-16)</b> <a href="#">Sign Up</a>		6:10PM-6:55PM (Junior Lifeguard Club)	5:20PM-6:05PM (Junior Lifeguard Club)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>swimmer 4</b> <a href="#">Sign Up</a>		6:15PM-6:45PM (Swim Lessons (6-13))					
<b>Teen 1/2/3</b> <a href="#">Sign Up</a>			6:15PM-6:45PM (Swim Lessons (13-17))	6:15PM-6:45PM (Swim Lessons (13-17))			
<b>Open Swim (2 feet)</b> <a href="#">Drop-in Program</a>						1:00PM-2:00PM (Rec Swim)	