



Central Huron YMCA | December 5th - December 11th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Drop-in Program	6:00PM-7:00PM (Adult Group Fitness (13+))						
Cycle Drop-in Program		7:15AM-8:15AM (Adult Group Fitness (13+))		6:00PM-7:00PM (Adult Group Fitness (13+))			
Group Power Drop-in Program		6:00PM-7:00PM (Adult Group Fitness (13+))					
Suspension Training Drop-in Program						9:00AM-10:00AM (Adult Group Fitness (13+))	