



## Centre Branch YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Run Club-Springbank Park</b> <a href="#">Drop-in Program</a>							10:00AM-11:00AM (Learn to Run)
<b>Aquafit</b> <a href="#">Drop-in Program</a>							10:00AM-10:45AM (Aquatic Fitness)