

Job Opportunity



Why the Y?

Imagine.....

- A place where you are a part of one of the most respected human services organizations in the world;
- A place where your work positively influences the lives of others in so many ways;
- A place where you are able to flourish in a values-based environment;
- A place where you will build a better future not only for yourself but also for those you serve.

At the YMCA

- you will feel connected to community,
- you will meet new people,
- you will expand your knowledge base,
- you will have career development opportunities
- you will experience a rewarding job by helping support the building of healthy communities

Imagine accomplishing all of this while having fun in a challenging and dynamic atmosphere!

This is "Why the YMCA".

Our Y

With health and fitness branches, camps, child care centres, community programs and newcomer services across the region, reaching from Windsor in the West, North to Goderich, South to Point Pelee National Park and East to Woodstock, the YMCA of Southwestern Ontario is committed to the development of healthy communities. Our locations, programs and services are designed to help our members and participants grow in spirit, mind and body and are open to people of all backgrounds, beliefs and abilities.

This commitment includes a special focus on the region's children and youth. From the kids in our camps and those participating in soccer and swimming lessons, to youth who are new to our communities from around the world, the Y is committed to helping our next generation to grow and thrive, as healthy individuals and passionate future leaders.

In the past year, the YMCA of Southwestern Ontario has supported more than 165,000 participants with opportunities to learn, grow and live healthy lifestyles.

"The Y has given me more than I could imagine. It has helped my children have a happy, healthy Mom – and you can't put a price on that."~ Mary

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“Y” not join these participants, our nearly 91,000 members and over 2500 employees and volunteers in the region to share our vision of a healthy community?

As we continue to grow, we have a need for the following position:

Date: January 2023

Position: Group Fitness Instructor (Senior Fitness) and Yoga Instructor

Location: StarTech.com Community Centre, YMCA & Library

Start Date: February 2023

Compensation: \$15.50 per hour Group Fitness, \$25.00 per hour Yoga

Complimentary Y membership

Summary:

Reporting to the Manager, Adult Health & Wellness, the Group Fitness Instructor is responsible for quality instruction of Group fitness classes and for providing excellent customer service.

Responsibilities:

- Provide high quality group exercise instruction
- Generate positive experiences for each individual that you meet, through excellent customer service and relations
- Provide a safe environment that fosters a fun and enthusiastic atmosphere
- Arrive ten minutes prior to class and ensure all necessary equipment is set up prior to class commencement
- Educate and motivate class participants
- Be able to role model movements safely and effectively
- Ensure all policies and procedures are being followed

Qualifications & Experience:

- Relevant Group Exercise certification as follows:
 - YMCA Group Fitness streams
 - MOSSA
 - Aquatic Fitness
 - Yoga
 - Additional certifications
- Current CPR and First Aid
- Must provide a current Criminal Record Check as per Association policy

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Competencies:

Commitment to Organization Vision and Values

- Demonstrates and promotes a personal understanding of and appreciation for the Mission, Vision, Strategic outcomes and Values of the YMCA.

Teamwork

- Participates actively and facilitates teams for organization effectiveness.

Quality Focus

- Ensures that YMCA programs and services are superior.

Service Orientation

- Deliberately identifies and creates opportunities to enhance each and every individual's YMCA experience.

Other Position Details:

This is a casual/coverage position with varying hours - expectation is one shift per week or 4 hours worked per month

Varying shifts including mornings, daytime, evenings and weekends.

This particular position is for predominantly daytime shifts (8 am – 12 pm)

Staff receive a complementary membership for themselves and their families.

To Apply:

1. Submit resume and cover letter to Diana Borowiecki, Manager, Adult Health & Wellness at diana.borowiecki@swo.ymca.ca. Indicate "Fitness Instructor" in the subject line of your email.
2. Deadline for application is: January 30th. 2022.

We thank all applicants for their interest; however only those selected for an interview will be contacted.

The YMCA of Southwestern Ontario is committed to providing a barrier-free environment for all stakeholders including our members/participants, employees, job applicants, suppliers, and any visitors who may enter our premises, access our information, or use our services. As an organization, we respect and uphold the requirements set forth under the Accessibility for Ontarians with Disabilities Act (2005), and its associated standards and regulations.