



YMCA of Southwestern Ontario

About the YMCA of Southwestern Ontario

As a leading multi-service charity, the YMCA of Southwestern Ontario is invested in creating opportunities for all to grow in spirit, mind and body, regardless of background, belief or ability. As a leading charity, our volunteers contribute thousands of hours helping build strong kids, strong families and strong communities. We provide various services that offer unique volunteer opportunities that enhance the lives of our community members, as well as the lives of our volunteers.

Our Core Values

At the YMCA of Southwestern Ontario, we require our staff and volunteers to demonstrate the association's core values to colleagues, members and participants.

- **Honesty:** to tell the truth, to act in such a way that you are worthy of trust, to have integrity, making sure your actions match your words
- **Caring:** to accept others, to be sensitive to the well-being of others, to help others
- **Respect:** to treat others as you would have them treat you, to value the worth of every person, including yourself
- **Responsibility:** to do what is right, what you ought to do, to be accountable for your behaviour and obligations
- **Inclusiveness:** to create a place for everyone at the Y

Benefits of Volunteering at the YMCA of Southwestern Ontario

At the YMCA of Southwestern Ontario, we are committed to providing volunteers with clear roles, responsibilities and expectations while maintaining ongoing feedback. We provide meaningful experiences that match our volunteer's skills and interests. We embrace the diversity of our volunteers and provide accommodations when necessary. At the Y, we celebrate our volunteers both formally and informally while sharing their stories.

Be an Active Community Member, Develop New Skills, Enhance Personal Well-Being, Build New Positive Relationships and gain a Sense of Achievement.



Assistant Lifeguard Volunteer

Program Description: Assist the Aquatics staff on duty while building relationships with members and participants. Demonstrate knowledge of pool rules, YMCA mission, core values and act as a positive role model. Help to maintain a positive, friendly and safe environment in Aquatic areas.

Duties

- Work directly with lifeguards and team leads to provide positive safe recreational swims for children, youth and adult
- Proactively interact with swimmers to assist their practice
- Supervise and ensure safety of all participants (rule enforcement, emergency procedure)
- Maintain pool area and deck cleanliness
- Greet all participants and guests with a smile
- Build positive relationships with YMCA staff, volunteers and members
- Maintain regular communication with Manager of Aquatics
- Complete all online trainings, program training and WHY School

Qualifications

- Minimum age 15
- Original Criminal Reference Check with Vulnerable Sector Screening less than 6 months old for volunteers 18 years of age and older
- Minimum certificate of Bronze Cross and Emergency First Aid REQUIRED
- Fun, friendly and enthusiastic
- Positive role model
- Hardworking, dependable and a team player
- Genuinely interested in being a part of the YMCA

Locations

StarTech.com YMCA, Community Centre & Library

501 Southdale Road West, London, Ontario

Time Commitments

- Exact date to be determined.
- Minimum commitment of 4 months
- One swim/week

How to Apply

1. Download and complete application from our website www.ymcaswo.ca/volunteer
2. Email application with 3 references and resume to volunteer@swo.ymca.ca
3. Indicate location and volunteer position applying for in email subject

The YMCA of Southwestern Ontario is committed to providing a barrier-free environment for all stakeholders including our members/participants, employees, job applicants, suppliers, and any visitors who may enter our premises, access our information, or use our services. As an organization, we respect and uphold the requirements set forth under the Accessibility for Ontarians with Disabilities Act (2005), and its associated standards and regulations.

We thank all interested applicants however only those selected for an interview will be contacted.