

# Join the CBY Health + Fitness Team!

Be the Spark! Join our passionate team and be the spark that ignites the potential in others. YMCA of Southwestern Ontario is one of the largest not-for-profit providers of licensed childcare in Canada, offers settlement services to newcomers to Canada, operates 2 overnight camps and 16 Health & Fitness branches across Southwestern Ontario, and we have been making a positive difference in the communities we serve for over 50 years!

# Position: Aquafit Class Ambassador/Instructor

Location: Centre Branch YMCA, London Start Date: ASAP

# As part of your total compensation:

- Receive a complimentary YMCA membership to our Health & Fitness facilities, and discounts on YMCA childcare and camp programs.
- Be part of a caring and supportive network of people to help each other succeed.
- Complimentary access to wellness and counselling services.
- Aquafit Level 1 & 2 paid for by the YMCA.
- First Aid Course paid for by the YMCA.

# In this role, you will:

# **Aquafit Class Ambassador**

- Attend a minimum of 1 Aquafit class per week and be a support for the instructor for that class.
- You will participate alongside other members, helping beginners feel comfortable understanding the exercises and the flow of the class.
- The expectation is that when the Aquafit Level 1 training is offered, you will complete the training to then become an Aquafit Instructor
- Be committed to diversity, equity, inclusion and building a sense of belonging.
- Embrace and exemplify the Y's core values.

# **Aquafit Instructor**

- Complete YMCA Canada Level 1 Aquafit Course.
- Lead participants through a fun, safe and high energy Aquafit class, from the pool deck.
- Be committed to diversity, equity, inclusion and building a sense of belonging.
- Embrace and exemplify the Y's core values.



# **Volunteer Opportunity**

## **Skills and Qualifications:**

- Have a high "Fun Factor".
- Be energetic and motivating.
- Legally entitled to work in Canada.
- Must provide a current Vulnerable Sector Criminal Record Check (issued within the past 6 months) as per the Association's policy.

#### Why The Y?

The YMCA of Southwestern Ontario is committed to the development of healthy communities and welcomes people of all backgrounds, beliefs, and abilities. We are committed to helping our employees reach their full potential and are recognized by Forbes as one of Canada's Top Employers. We offer meaningful employment and the opportunity to make a difference in the lives of individuals and families.



### To Apply:

- Download and complete application from our website <u>www.ymcaswo.ca/volunteer</u>
- Email application with 3 references and resume to volunteer@swo.ymca.ca
- Include in your submission your specialized experience, and why you are the best candidate for this role. Please indicate location and volunteer position applying for in email subject.
- We thank all applicants for their interest; however only those selected for an interview will be contacted.

It is a YMCA of Southwestern Ontario requirement that all employees and volunteers have a minimum of two vaccinations against COVID-19. Exemptions will be granted upon receipt of acceptable proof of a permissible Human Rights Code ground.

This requirement has been *suspended* effective June 30, 2022. It may be reinstated in future should the state of public health in our communities require it.

NOTE: The YMCA of Southwestern Ontario is committed to providing a barrier-free environment for all stakeholders including our members/participants, employees, job applicants, suppliers, and any visitors who may enter our premises, access our information, or use our services. As an organization, we respect and uphold the requirements set forth under the Accessibility for Ontarians with Disabilities Act (2005), and its associated standards and regulations.