



Job Opportunity



YMCA Health, Fitness & Aquatics



Join the Y Health + Fitness Team!

Be the Spark! Join our passionate team and be the spark that ignites the potential in others. YMCA of Southwestern Ontario is one of the largest not-for-profit providers of licensed child care in Canada, offers settlement services to newcomers to Canada, operates 2 overnight camps and 16 Health & Fitness branches across Southwestern Ontario, and we have been making a positive difference in the communities we serve for over 50 years!

Position: Adult Health and Wellness Manager - Fitness

Location: St Thomas YMCA – 20 High St, St Thomas, ON

Start Date: June 2023

**Salary: \$45,000-\$47,000 for full-time 40 hours per week or
\$21.63-\$22.60 hourly for 20 hours per week.**

This could be a part-time or full-time position depending on the successful candidate.

As part of your total compensation:

- Receive a complimentary YMCA membership to our Health & Fitness facilities, and discounts on YMCA childcare and camp programs.
- 10 paid vacation days, and up to 12 paid personal days annually
- Benefits package and Pension applicable with position/contract length
- Be part of a caring and supportive network of people to help each other succeed.
- Complimentary access to wellness and counselling services

In this role, you will:

- Build an understanding of the YMCA of Southwestern Ontario policy and procedures.
- Act as a YMCA ambassador, demonstrating the YMCA core values in your daily work.
- Responsible for the development, scheduling and delivery of Health and Wellness, Group Fitness programs and member engagement activities
- Recruitment, training, and mentoring of all staff and volunteer team members for the purpose of delivering excellence in customer service through Health and Wellness programs and services.
- Development and maintenance of the Health and Wellness budget



Job Opportunity

- Maintenance of current status of all required qualifications and certifications for self and Health and Wellness team members using internal and/ or central data tools
- Works as an active member of the Branch Leadership Team with scheduled Team Leader shifts/ responsibilities
- Provide direct leadership in programs modeling/ mentoring service excellence.
- Ensures that program policies and procedures are implemented and monitored proactively.

Education and Skills Qualifications:

- Post-secondary education in a related field is an asset.
- YMCA Group Fitness Leadership Certification with the ability to teach aquafit/step/cycle/core and other group classes.
- 2 years post secondary education in Physical and Health Education or related field, or 2 years related experience.
- Current First Aid/CPR.
- Excellent customer service skills.
- Personal training certificate is an asset.
- MOSSA certification is an asset.
- Strong organizational and planning skills
- Strong communication skills, both written and verbal
- Current and acceptable Criminal Record Check with Vulnerable Sector Screening is a condition of employment for all staff and volunteers.
- It is a YMCA of Southwestern Ontario requirement that all employees and volunteers be fully vaccinated against COVID-19. Exemptions will be granted upon receipt of acceptable proof of a permissible Human Rights Code ground.

Why The Y?

The YMCA of Southwestern Ontario is committed to the development of healthy communities and welcomes people of all backgrounds, beliefs, and abilities. We are committed to helping our employees reach their full potential and are recognized by Forbes as one of Canada's Top Employers. We offer meaningful employment and the opportunity to make a difference in the lives of individuals and families.



To Apply:

- Submit your cover letter, resume, and supporting documents via email to: amy.luciani@swo.ymca.ca. The job posting deadline closes at midnight on **June 1, 2023**. Include in your submission your specialized experience, and why you are the best candidate for this role. Please indicate if you are looking for a full- or part-time position. Please include the name of the position and location in your application.
- We thank all applicants for their interest; however only those selected for an interview will be contacted.



Job Opportunity

NOTE: The YMCA of Southwestern Ontario is committed to providing a barrier-free environment for all stakeholders including our members/participants, employees, job applicants, suppliers, and any visitors who may enter our premises, access our information, or use our services. As an organization, we respect and uphold the requirements set forth under the Accessibility for Ontarians with Disabilities Act (2005), and its associated standards and regulations.